Love



#### **'The greatest love of all'** by Whitney Houston 1985

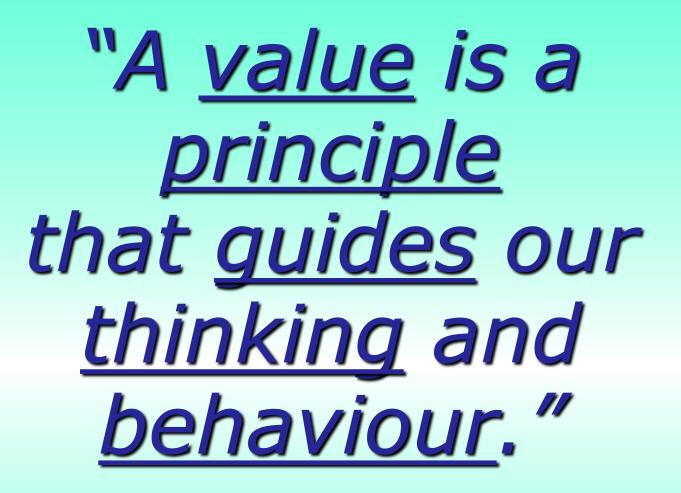
#### Let's breathe





Sit comfortably or lay down. Imagine all the things that make you happy. Choose one of your favourite places to be, imagine being there right now. Breathe in slowly and exhale. Repeat.

Happy place



Let's reflect on how thinking about respect did this?

# Let's remind ourselves of all the values we have in our

# Values Toolkit so far...



#### Respect

## Justice

## Resilience

#### Perseverance

Hope

#### This month we will be exploring the value of ...





# What Does Love Mean To You?

## 'What Is Love? 0-100'

Think about signs of <u>love</u>
you see around you every day

#### Who shows us love in our lives?

Love comes from within yourself.
 We all have love inside of us.
 If we love ourselves we can love others – but sometimes that's really difficult.

... the greatest love of all Is happening to me I found the greatest love of all Inside of me The greatest love of all Is easy to achieve Learning to love yourself It is the greatest love of all

Written by Michael Masser and Linda Creed

# What good things can you say about yourself?

What makes you wonderful?

I care very much about my home, my school and the people around me

# What good things can you say about yourself?

What makes you wonderful?

## Believe and you can achieve



## When we reflect, think about what you love about yourself.

# A prayer for all of us

Here in our school Let us be peaceful at all times. Let our rooms be full of happiness and respect for each other. Let love be in our hearts With kindness and compassion for all. Let us remember In learning together, We grow together And succeed together.