



Crowle Primary Academy

Relationship and Sex Education Curriculum

At Crowle Primary Academy we deliver the RSE curriculum through a number of different ways including our PSHE scheme of work (see PSHE progression document), Gooseberry Planet Online Safety scheme of work, RE scheme of work (see RE progression document), Mental Health and wellbeing work and our Science curriculum (see Science curriculum progression document).

To support us to deliver the RSE curriculum we work alongside Big Talk Education who deliver their *Growing Up Safe: Whole School Approach* (GUS) programme annually in school.

GUS is a spiral curriculum therefore pupils will see the same topics throughout their school career, with each encounter increasing in complexity and reinforcing previous learning. Consequently, the topics included for Nursery and KS1 are included right the way up until year 6.

Table 1 shows the GUS curriculum as it relates to the topic areas included within the Department for Education's RSE Guidance 2018, by the school years in which it is introduced. These topics repeat each year.

Table 2 shows how our academy then delivers these themes through other subjects/ activities.

Please note that the statutory RSE guidance states that children must know each of the elements of the curriculum by the time they leave primary school at the end of year 6, for this reason the GUS programme each year builds on the children's knowledge from previous years.



Table 1 – GUS Curriculum by Year Group

Growing Up Safe Programme Curriculum		
Year Group (s)	Topic Area	New Content Introduced at Level
Nursery	Caring Friendships	How to recognise who to trust and who not to trust, how to judge when a friendships is making you feel unhappy or uncomfortable, how to manage these situations and how to seek help or advice from others, if needed.±
	Being Safe	That each persons' body belongs to them, and the differences between appropriate and inappropriate or unsafe physical and other, contact.±
	National	Teaching about the main external body parts.‡
Foundation/ Reception Year 1	Caring Friendships	The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, trust, sharing interests and experiences and support with problems and difficulties.±
	Respectful Relationships	The importance of permission-seeking and giving in relationships with friends, peers and adults.±
	Online Relationships	That people sometimes behave differently online, including pretending to be someone they're not.±
		That the same principles apply to online relationships as face-to-face relationships, including the importance of respect for others online including when we are anonymous.±
		The rules and principles of keeping safe online, how to recognise risks, harmful content and contact, and how to report them.±
		How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met.±
		How information and data is shared and used online.±
		About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online.
		Being Safe
	About the law and consequences relating to content on and offline, including films, games, DVDs, TV programmes and pornography.	
The impact of viewing harmful content.		

Key

- ± Included in 2018 Draft Guidance for Primary (Statutory)
- † Included in 2018 Draft Guidance for Primary (Optional)
- ‡ Included in the national curriculum for Science in KS1/KS2



Growing Up Safe Programme Curriculum cont.		
Year Group (s)	Topic Area	New Content Introduced at Level
Year 2 Year 3	Caring Friendships	The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, trust, sharing interests and experiences and support with problems and difficulties.±
	Respectful Relationships	The importance of self confidence and positive body image, and how this links to their own happiness.
		That some children may feel different on the inside to how they look on the outside (transgender) and that if that happened to them who they should tell.
	Online Relationships	That people sometimes behave differently online, including pretending to be someone they're not.±
		That the same principles apply to online relationships as face-to-face relationships, including the importance of respect for others online including when we are anonymous.±
		The rules and principles of keeping safe online, how to recognise risks, harmful content and contact, and how to report them.±
		How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met.±
		How information and data is shared and used online.±
Internet Safety & Harms (Health Education)	About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online.	
Being Safe	Why social media, some computer games and online gaming, for example, have age restrictions.±	
	What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context).± About the law and consequences relating to content on and offline, including films, games, DVDs, TV programmes and pornography.	
Year 4	National Curriculum for Science	Teaching about changes to the human body as it grows from birth to old age including puberty.‡
	Changing Adolescent Body (Health Education)	Key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes.±
	Reproduction	About the structure and function of the male and female reproductive systems, that women have ova and men produce sperm, when these combine a baby can be made, this is called 'sex', information on gestation and birth.†
Year 5 Year 6	n/a	Reinforcement and pupil led learning.

Key

± Included in 2018 Draft Guidance for Primary (Statutory)

† Included in 2018 Draft Guidance for Primary (Optional)

‡ Included in the national curriculum for Science in KS1/KS2



Table 2 – Crowle Primary Academy RSE curriculum coverage in addition to Big Talk Education

Year Group	Topic	Supporting curriculum areas/ activities
Nursery/ Reception	Families and people who care for me	<p>Ourselves and our families taught</p> <p>Relationships work through play and small group work</p> <p>Parents invited to events to share celebrations e.g. booknics, rhyme time challenge</p> <p>Speaking and listening sessions</p>
	Private Areas	<p>Correct terminology used</p> <p>Issues discussed as they arise</p> <p>Basic hygiene and privacy in shared toilets</p> <p>Staff awareness of children wellbeing, regular check in's and follow up action as required</p> <p>PANTS rule taught and reinforced when needed.</p>
	Caring Friendships	<p>Academy's rules</p> <p>How to be kind to our friends</p> <p>Jigsaw (PSHE)</p> <p>Constant part of EYFS</p> <p>Circle times</p> <p>Modelled role play</p>
	Respectful Relationships	<p>Celebrating differences</p> <p>Anti-bullying activities</p> <p>Modelled play by staff</p> <p>Jigsaw (PSHE)</p> <p>Speaking and listening skills taught and modelled</p>
	Online Relationships	<p>Partnership work with parents to promote adequate parental controls</p> <p>Issues discussed when necessary</p> <p>Rule for safe use of ICT equipment</p>
	Being Safe	<p>Safety talks at appropriate points throughout the year e.g. bonfire night</p> <p>Road safety</p> <p>Local people in the community (fire service, police etc.)</p> <p>Sun safety</p> <p>Part of curriculum theme</p>
Year 1	Families and people who care for me	<p>Part of curriculum theme- Me, my family and community</p> <p>Relationships work through play and small group work</p> <p>Parents invited to events to share celebrations and favourite stories e.g. booknics and Secret Storyteller</p> <p>Speaking and listening sessions</p> <p>Trusted Adult</p>



	Caring Friendships	Jigsaw Lunchtime sports leaders Academy's rules Teaching about Knowing who to ask for help and trying to resolve own problems Circle time
	Respectful Relationships	British Values Assemblies- Celebrating similarities and differences. Anti-bullying activities RE Jigsaw
	Online Relationships	Gooseberry Planet-Parental and pupil support (see whole school curriculum map for specific areas taught) Assemblies Jigsaw E-safety activities
	Being Safe	Safety assemblies e.g. bonfire nights, sun safety, road safety, NSPCC assemblies Jigsaw
	Healthy minds/ Healthy bodies	Active Curriculum 30 mins active daily Weekly run Weekly wellbeing focus/ curriculum time Science/ DT curriculum (healthy eating) Whole school growth mindset approach to learning Metacognition Daily wellbeing check in board

Year 2	Families and people who care for me	Jigsaw Trusted Adults Parental involvement activities e.g. Learning shares, Christmas lunch
	Caring Friendships	Jigsaw Circle time Lunchtime sports leaders Academy's rules Teaching about Knowing who to ask for help and trying to resolve own problems Inclusion Mentor support Lunchtime Nurture Group
	Respectful Relationships	British Values Assemblies- Celebrating similarities and differences. Anti-bullying activities RE Jigsaw
	Online Relationships	Gooseberry Planet- Parental and pupil support



		(see whole school curriculum map for specific areas taught) Assemblies Jigsaw E-safety activities
	Internet Safety & Harms	Gooseberry Planet E-Safety activities Jigsaw
	Being Safe	Safety assemblies e.g. bonfire nights, sun safety, road safety, NSPCC assemblies Jigsaw
	Healthy minds/ Healthy bodies	Active Curriculum 30 mins active daily Weekly run Weekly wellbeing focus/ curriculum time Science/ DT curriculum (healthy eating) Whole school growth mindset approach to learning Metacognition Daily wellbeing check in board

Year 3	Families and People who care for me	Jigsaw Trusted Adults Parental involvement activities e.g. Learning shares, Christmas lunch
	Caring Friendships	Jigsaw Circle time Lunchtime sports leaders Academy's rules Teaching about Knowing who to ask for help and trying to resolve own problems Inclusion Mentor support Lunchtime Nurture Group
	Respectful Relationships	British Values Assemblies- Celebrating similarities and differences. Anti-bullying activities RE Jigsaw
	Online Relationships	Gooseberry Planet- Parental and pupil support (see whole school curriculum map for specific areas taught) Assemblies Jigsaw E-safety activities
	Internet Safety & Harms	Gooseberry Planet E-Safety activities Jigsaw Computing lead also internet safety lead on child protection.



	Being Safe	Safety assemblies e.g. bonfire nights, sun safety, road safety, NSPCC assemblies Jigsaw Pedestrian skills Water safety
	Healthy minds/ Healthy bodies	Active Curriculum 30 mins active daily Weekly run Weekly wellbeing focus/ curriculum time Science/ DT curriculum (healthy eating) Whole school growth mindset approach to learning Metacognition Daily wellbeing check in board

Year 4	Families and People who care for me	Jigsaw Trusted Adults Parental involvement activities e.g. Learning shares, Christmas lunch
	Caring Friendships	Jigsaw Circle time Lunchtime sports leaders Academy's rules Teaching about having strategies to try and resolve own problems. Knowing who to ask for help if they are struggling to resolve problems. Inclusion Mentor support Lunchtime Nurture Group
	Respectful Relationships	British Values Assemblies- Celebrating similarities and differences. Anti-bullying activities RE Jigsaw
	Online Relationships	Gooseberry Planet- Parental and pupil support (see whole school curriculum map for specific areas taught) Assemblies Jigsaw E-safety activities
	Internet Safety & Harms	Gooseberry Planet E-Safety activities Jigsaw Computing lead also internet safety lead on child protection.
	Being Safe	Safety assemblies e.g. bonfire nights, sun safety, road safety, NSPCC assemblies Jigsaw Pedestrian skills



		Water safety
	Healthy minds/ Healthy bodies	Active Curriculum 30 mins active daily Weekly run Weekly wellbeing focus/ curriculum time Science/ DT curriculum (healthy eating) Whole school growth mindset approach to learning Metacognition Daily wellbeing check in board
	Puberty	Science Curriculum Jigsaw (PSHE) The Red Box scheme
	Reproduction	Science curriculum

Year 5	Families and People who care for me	Jigsaw Trusted Adults Parental involvement activities e.g. Learning shares, Christmas lunch
	Caring Friendships	RE curriculum Jigsaw curriculum (PSHE) Sports leaders Assembly themes Inclusion Mentor support Lunchtime Nurture Group
	Respectful Relationships	RE curriculum School values/ British Values Anti-bullying activities Children's anti-bullying leaflet (school council) Behaviour procedures
	Online Relationships	Gooseberry Planet curriculum (see whole school curriculum map for specific areas taught)
	Internet Safety & Harms	Gooseberry Planet E-Safety activities Jigsaw Computing lead also internet safety lead on child protection.
	Being Safe	Safety assemblies e.g. bonfire nights, sun safety, road safety, NSPCC assemblies Jigsaw Cycling proficiency Water safety Swimming
	Healthy minds/ Healthy bodies	Active Curriculum 30 mins active daily Weekly run Weekly wellbeing focus/ curriculum time Science/ DT curriculum (healthy eating)



		Whole school growth mindset approach to learning Metacognition Daily wellbeing check in board
	Puberty	Science Curriculum Jigsaw (PSHE) The Red Box scheme
	Reproduction	Science curriculum

Year 6	Families and People who care for me	Jigsaw (PSHE) Trusted Adults Parental involvement activities e.g. Learning shares, Christmas lunch
	Caring Friendships	RE curriculum Jigsaw curriculum (PSHE) Sports leaders Assembly themes Inclusion Mentor support Lunchtime Nurture Group
	Respectful Relationships	RE curriculum School values/ British Values Anti-bullying activities Children's anti-bullying leaflet (school council) Behaviour procedures
	Online Relationships/ Internet Safety & Harms	Gooseberry Planet curriculum (see whole school curriculum map for specific areas taught)
	Being Safe	Jigsaw Curriculum (PSHE) NSPCC Transition work Assembly themes Trusted adults
	Healthy minds/ Healthy bodies	Active Curriculum 30 mins active daily Weekly run Weekly wellbeing focus/ curriculum time Science/ DT curriculum (healthy eating) Whole school growth mindset approach to learning Metacognition Daily wellbeing check in board
	Puberty	Science Curriculum Jigsaw (PSHE) The Red Box scheme
	Reproduction	Science Curriculum